

Montrose High School October 2nd - 6th 2023

GRILL



DAILY SPECIALS

Cheeseburger, Crispy Chicken, Spicy Chicken or Garden Burger

- M: Grilled Cheese Sandwich
- T: Grilled Chicken Sandwich
- W: Corn Dog or Hot Dog
- TH: Bacon Cheeseburger
 - Parmesan Chicken Sandwich

PIZZA

DAILY SPECIALS

Cheese Pizza, Pepperoni Pizza or Mozzarella Stuffed Breadsticks

- M: Sausage Pizza
- Buffalo Chicken Pizza
- Supreme Pizza
- TH: Chicken Bacon Ranch Pizza
- Meat Lovers Pizza



DAILY SPECIALS

Subs, Wraps, Salads or Parfaits

- M: Turkey & Cheese Sub, Crispy Chicken Wrap, Chef Salad or Parfait
- T: Combo Sub, Chicken Caesar Wrap, Hearty Garden Salad or Parfait
- W: Italian Sub, Buffalo Chicken Wrap, Crispy Chicken Salad or Parfait
- TH: Chilly Philly Sub, Chicken Bacon Ranch Wrap, Chicken Caesar Salad or Parfait
- F: Ham and Cheese Sub, Combo Wrap, Fiesta Garden Salad or Parfait

VARIETY



DAILY SPECIALS

- M: French Toast Bites, Scrambled Eggs, Sausage Patty & Mixed Veggie
- T: Chicken Alfredo Pasta, Roasted Broccoli & Garlic Knot
- W: Beef Barbacoa Tacos, Cilantro Rice & Elote Corn
- TH: Popcorn Chicken Bowl, Tots & Dinner Roll
- F: BBQ Pulled Chicken Flatbread & Green Beans



DAILY SPECIALS

Nachos & Tacos

- M: Nachos & Tacos
- Nachos & Burritos
- W: Nachos & Tacos
- TH: Nachos & Burritos
 - Nachos & Tacos



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.



This institution is an equal opportunity provider. Additional nutrition information available upon request.



Montrose High School

October 9th - 13th 2023

GRILL



DAILY SPECIALS

Cheeseburger, Crispy Chicken, Spicy Chicken or Garden Burger

M: Grilled Cheese Sandwich

I: Grilled Chicken Sandwich

W: Corn Dog or Hot Dog

TH: Bacon Cheeseburger

I: NO SCHOOL

PIZZA

DAILY SPECIALS

Cheese Pizza, Pepperoni Pizza or Mozzarella Stuffed Breadsticks

M: Sausage Pizza

T: Buffalo Chicken Pizza

W: Supreme Pizza

TH: Chicken Bacon Ranch Pizza

NO SCHOOL



DAILY SPECIALS

Subs, Wraps, Salads or Parfaits

Turkey & Cheese Sub, Crispy Chicken Wrap, Chef Salad or Parfait

T: Combo Sub, Chicken Caesar Wrap, Hearty Garden Salad or Parfait

W: Italian Sub, Buffalo Chicken Wrap, Crispy Chicken Salad or Parfait

TH: Chilly Philly Sub, Chicken Bacon Ranch Wrap, Chicken Caesar Salad or Parfait

F: NO SCHOOL





DAILY SPECIALS

m: Pizza Grilled Cheese Sandwich with Seasoned Carrots

T: Tator Tot Casserole with Biscuit & Pea's

W: Chicken Enchilada's & Black Beans

TH: Chicken Breast, Steamed Rice & Vegetable

F: NO SCHOOL



DAILY SPECIALS

Nachos & Tacos

M: Nachos & Tacos

Nachos & Burritos

W: Nachos & Tacos

TH: Nachos & Burritos

NO SCHOOL



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